



EN

MOTOACTV™

WELCOME

Work hard, play hard: your device is strong and powerful, just like you.

Tip: Use this guide to get started, then use the full online user guide to learn more.

Warning: Your device is sweat-proof and rain-resistant, but don't submerge it in water or you may damage it.

Note: If you have a medical/health condition, don't begin an exercise program without seeking the advice of your physician.

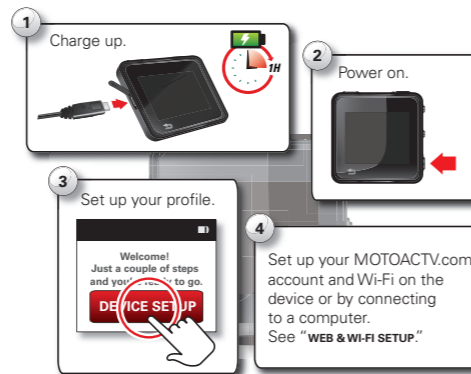


SET UP

Let's get you up and running.

Caution: Before charging or using your device for the first time, please read the important legal and safety information packaged with your product.

Note: Before using your device, set up your personal profile, configure Wi-Fi, and link your device with a MotoCast ID to access your MOTOACTV.com account.



Note: For battery saver options, see the full online user's guide.

WEB & WI-FI SETUP

The first time you connect your device to a computer, MotoCast™ USB is installed. You will be prompted to create a MotoCast ID or sign-in with an existing MotoCast ID if you have not already done this on the device. You can also set up a Wi-Fi connection to automatically sync with MOTOACTV.com when near your network.

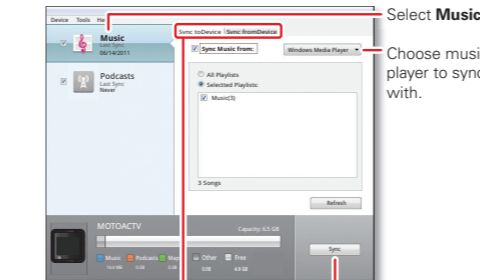
Note: If MotoCast USB doesn't automatically install when you connect your device to the computer, download it from www.MyMotoCast.com. Keep your device connected to your computer during installation and MotoCast USB will launch automatically afterward.



GET MUSIC

Use MotoCast USB to load music and podcasts. Just connect to your computer, and MotoCast USB is automatically started.

Tip: You can also drag and drop music files onto your device when you connect via USB.



Sync to or from your device. Start the sync.

LET'S GO

Just a few steps to get you moving.

Tip: Drag left and right to see all your home screens. To change the theme color of your screens, touch **Settings > Display > Theme Color**. To change the look of your clock, touch the Timepiece screen.



IN A WORKOUT

There are plenty of options and details to see while you're in a workout.

Tip: To change metrics displayed during workout, go to **Settings > Workout > Customize Views**.



SAR This product meets the applicable SAR limits of 1.6 W/kg (FCC & IC) and 2.0 W/kg (ICNIRP). The limits and guidelines include a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The highest SAR values measured for this device are listed in the regulatory information packaged with your product.

Certain features, services and applications are network dependent and may not be available in all areas; additional terms, conditions and/or charges may apply. Contact your service provider for details.

All features, functionality, and other product specifications, as well as the information contained in this guide, are based upon the latest available information and believed to be accurate at the time of printing. Motorola reserves the right to change or modify any information or specifications without notice or obligation.

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Product ID: MOTOACTV
Manual Number: 68016468001-D



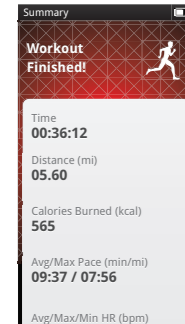
LIFE. POWERED.

WORKOUT SUMMARY

When you're done with your workout, your device shows you a summary.

For a detailed analysis of your workout, go to MOTOACTV.com.

Note: Make sure your device has a MotoCast ID linked to it. See "WEB & WI-FI SETUP".



MOTOACTV.COM

Log on to MOTOACTV.com with your MotoCast ID for these great features and more:

- See details of your **completed workouts**.
- Plan **new workouts**.
- Set **fitness goals**.
- Access your **competitions**.

Tip: If you can't log on to MOTOACTV.com, check if you successfully linked your device with your MotoCast ID during setup. On your device, touch **Settings > Personal Profile** to see if your MotoCast ID is listed.



TOUCH TIPS

It's all in the touch:

Touch: Touch to choose an option, see more workout details, or zoom on maps.

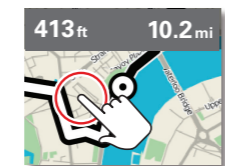
Tap: While in a workout, tap with your whole hand to get spoken feedback about your workout progress or to switch to the next lap.

Drag: Scroll or move.

Tip: There's more about maps and tapping in the full user guide online. Check it out.



Touch to select an item, see more details, or zoom.



Drag to scroll panels (or long lists).

PLAY MUSIC


Scroll to and touch the Music home screen. Then touch a category and choose a song, an FM station, or podcast. Drag left/right for shuffle, repeat, or other functions.

To load more music on your device, see "GET MUSIC".

Tip: Your device knows which songs get you moving. Over time, check out **Music > Fitness Music > Performance Music**.



SMARTPHONE SETUP

Install the free MOTOACTV app on your Motorola Android™ smartphone to receive calls, text messages, and calendar reminders on your MOTOACTV. After you download the app on your phone, touch the icon .

To introduce your device to your smartphone, touch the Notification screen on your MOTOACTV, and follow the steps on the screen.



SENSORS

Before you get your blood pumping, connect your heart rate monitor, foot pod, or bike sensor. Turn on your ANT+ or BLE sensor (sold separately) in range of your device. Touch **Settings > Wireless > Sensors > Add New Sensors** to connect.

Note: Your device needs to acquire a GPS signal before you start an outdoor workout. GPS acquisition may take a couple of minutes. Stand in an open area with a clear view of the sky. GPS performance tips: for running/walking, use the wristband or armband; for cycling, use the bike mount. If using the clip, put it at chest level or higher, like upper arm.



CLIP IT ON

Your device comes with a clip, which you can attach to your shirt, a wristband, or anywhere else that's easy to reach.




Tip: You may also have a wired headset that has a multi-functional control button and a built in microphone. You may also have a wristband included with your device.

Note: The product is designed for wearable use with a Motorola accessory when it is not being hand operated.



MORE

Get what you need:

- **Answers:** User guides, online help: www.motorola.com/support.
- **Accessories:** A wristband, arm band, bike clip, and more: www.motorola.com/products.
- **Social:** News, tips & tricks, videos:
 -  **YouTube™** www.youtube.com/motorola
 -  **Facebook™** www.facebook.com/motorola
 -  **Twitter** www.twitter.com/motomobile